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Samuel R. Nyman,Anna Barker,Terry Haines,Khim Horton,Charles Musselwhite,Geeske Peeters,Christina R. Victor,Julia Katharina Wolff

How Educational Ideologies Are Shaping Global Society Joel Spring,2014-04-08 In this book Joel Spring explores three major international educational ideologies that are shaping global society: neo-liberal educational ideology, human rights education, and environmentalism. Neo-liberal ideology reflects a rethinking of nationalist forms of education as the nation-state slowly erodes under the power of a growing global civil society. Traditional nationalist education attempts to mold loyal and patriotic citizens who are emotionally attached to symbols of the state, whereas the goal of neo-liberal educational ideology is to change nationalist education to serve the needs of the global economy. These changes are fueling a clash between the ideas of free-market and consumer-based neo-liberals and those of human rights and environmental educators. Human rights education is concerned with creating activist global citizens. It is rooted in the idea that inherent in human rights doctrines is a collective responsibility to ensure the rights of all people. Environmentalism is the most radical of the ideologies because it rejects the industrial and consumerist paradigm that has dominated most economic thought, including capitalism and communism. Spring synthesizes and analyzes the effect of these educational ideologies on shaping the future of the global society. In the concluding section, he compares the effect of these ideologies on global society with the possibility of a world divided between conflicting civilizations. How Educational Ideologies Are Shaping Global Society: Intergovernmental Organizations, NGOs, and the Decline of the Nation-State features: *a critical exploration of the transition of schooling from a function of the nation-state to a globalized economic and political system; *a discussion of the major organizations and trading blocs shaping the future globalization of educational policies; *an analysis of the major competing global ideologies of education--including national and corporate models that emphasize training workers for a competitive global free market; the worldwide network of human rights and peace educators who are teaching a global set of ethics; and the environmental movement's efforts to create a common set of educational standards for sustainable development and sustainable consumption; and *an exploration of the possible future of global educational policy and school organizations. By integrating a wide range of previously scattered information within a bold new framework for understanding educational ideologies and their impact on the global society, Spring raises important questions for researchers, professionals, and students in history and philosophy of education, educational policy, educational studies, comparative education, multicultural education, curriculum studies, critical media studies, global studies, human rights education, and related areas.

Scholar's Invitation To Computer Science 10 Ashok Arora,

Measurement Issues in Aging and Physical Activity Weimo Zhu,Wojtek J. Chodzko-Zajko,2006 Based on the 10th Measurement and Evaluation Symposium, Measurement Issues and Challenges in Aging Research, Measurement Issues in Aging and Physical Activity considers research from experts around the world relating to the latest questions, challenges, and techniques in aging and measurement. The reference addresses a range of topics in aging research, including issues from the fields of kinesiology, biology, physiology, technology, urban planning, measurement, and statistics. Measurement Issues in Aging and Physical Activity breaks new ground with a discussion of multicultural factors related to physical activity promotion and intervention. Ideas include using culture as a catalyst for active living and using culture-based physical activity as an alternative approach to promotion of active living. The reference further examines multicultural issues with a look at alternative medicine, including an account of a demonstration of qi-gong, a traditional Chinese exercise, from the symposium. In addition, a new term, kinesmetrics, is introduced for the field of measurement and evaluation. Kinesmetrics is defined as a discipline for developing and applying measurement theory, statistics, and mathematical analysis to the field of kinesiology. The groundbreaking Measurement Issues in Aging and Physical Activity explores subjects in a range of research topics. For both veterans and newcomers to the field, this reference will be a comprehensive guide to the latest research on aging in measurement and physical activity. --Publisher description.

Cell Adhesive Interactions in Ocular Health and Diseases Vasantha Rao,Silvia C. Finnemann,Donna Peters,Kate Keller,Sue Menko,Mary Ann Stepp,2022-11-25

Cyndi's List Cyndi Howells,2001 A two volume set which provides researchers with more than 70,000 links to every conceivable genealogical resource on the Internet.

The Industrial Information Technology Handbook Richard Zurawski,2018-10-03 The Industrial Information Technology Handbook focuses on existing and emerging industrial applications of IT, and on evolving trends that are driven by the needs of companies and by industry-led consortia and organizations. Emphasizing fast growing areas that have major impacts on industrial automation and enterprise integration, the Handbook covers topics such as industrial communication technology, sensors, and embedded systems. The book is organized into two parts. Part 1 presents material covering new and quickly evolving aspects of IT. Part 2 introduces cutting-edge areas of industrial IT. The Handbook presents material in the form of tutorials, surveys, and technology overviews, combining fundamentals and advanced issues, with articles grouped into sections for a cohesive and comprehensive presentation. The text contains 112 contributed reports by industry experts from government, companies at the forefront of development, and some of the most renowned academic and research institutions worldwide. Several of the reports on recent developments, actual deployments, and trends cover subject matter presented to the public for the first time.

Integrating Nutrition into Practice Mary J. Marian,Gerard Mullin, MD,2017-07-06 Integrative medicine is an approach to wellness that makes use of both conventional and alternative therapies to achieve optimal health and healing. Nutrition-based therapies are consistently among the highest used alternative therapies to treat a wide variety of illnesses. This book provides consumers and health care professionals with practical guidance on integrating nutrition therapies into disease prevention and management. It provides reliable and accurate information from experts in the nutrition field including dietitians, nutritionists, physicians, researchers, and academic professionals. Integrative Nutrition Therapy includes up-to-date information on dietary supplements, popular diets, physical activity, and food allergies. The book covers disease prevention for cancer, cardiovascular disease, diabetes, and obesity. Additional topics include liver/pancreatic conditions and musculoskeletal disorders as well as nutrigenomics, epigenetics, and metabolomics. The book provides evidence-based recommendations for which therapies might be appropriate for various conditions and discusses the possible adverse effects that may develop. It also includes guidelines and suggestions for creating individualized, integrative care plans. Integrative Nutrition Therapy is organized in a systematic manner that presents the scientific data using an evidence-based, how-to approach. An overview of integrative medicine is written by Dr. Roberta Lee, a leading authority in the field. Award-winning nutrition experts provide practical knowledge for the integrative practitioner, covering topics such as: Nutrition screening and assessment Search for the optimum diet Functional foods and nutritional supplements Nutritional recommendations for women's health Health benefits of physical activity Diet and mental health Although unanswered questions still exist, this resource gives you a much-needed guide to the information currently available on nutrition and lifestyle-based therapies.

Prevention and Management of Cardiovascular and Metabolic Disease Peter Kokkinos,Christina N. Katsagoni,Labros S. Sidossis,2023-04-13 Prevention and Management of Cardiovascular and Metabolic Disease Provides accurate and well-documented information on the impact of diet and physical activity in the prevention and management of cardiovascular and metabolic diseases and healthy aging. This authoritative textbook examines the independent and combined impact of diet and physical activity in the prevention and management of cardiovascular and metabolic diseases, with special emphasis on the elderly populations. In this book the authors: Provide the latest data on the association between a suboptimal diet and physical inactivity and chronic disease. Examine the role of epigenetics on longevity. Discuss the fundamentals of healthy aging. Highlight the role of well-known dietary patterns such as the Mediterranean diet and the Nordic diet in favorable health outcomes, including cardiovascular, metabolic health, and healthy aging. Discuss the health outcomes of physical activity and healthy aging. Present the most recent evidence-based data on the independent and synergistic impact of diet and exercise on disease prevention and management including, heart disease, diabetes mellitus, hypertension, dyslipidemia, kidney failure, cancer and other conditions. Prevention and Management of Cardiovascular and Metabolic Disease: Diet, Physical Activity and Healthy Aging is an excellent textbook for upper-level undergraduate and graduate students in medical and health-related disciplines and for health professionals, including dietitians and nutritionists, exercise physiologists, athletic trainers, nurses, physicians, geriatricians, and other health professionals with a special focus in older adults. This book is also a highly useful reference for health professionals interested in introducing diet and physical

activity as an intervention for healthy aging as well as the prevention and management of cardiovascular and other metabolic diseases that are prevalent in aging populations.

The Palgrave Handbook of Ageing and Physical Activity Promotion Samuel R. Nyman,Anna Barker,Terry Haines,Khim Horton,Charles Musselwhite,Geeske Peeters,Christina R. Victor,Julia Katharina Wolff,2018-03-31 The ageing of our population is a key societal issue across the globe. Although people are living longer, they need to be living longer in good health to continue to enjoy quality of life and independence and to prevent rises in health and social care costs. This timely and ground-breaking volume will provide an up-to-date overview of the factors that promote physical activity in later life. Despite advances in the fields of gerontology and geriatrics, sports and exercise science, sociology, health psychology, and public health, knowledge is largely contained within disciplines as reflected in the current provision of academic texts on this subject. To truly address the present and substantial societal challenges of population ageing, a multidisciplinary and collaborative approach is required. This handbook will inform researchers, students, and practitioners on the current evidence base for what physical activities need to be promoted among older people and how they can be implemented to maximise engagement. This handbook will be an invaluable resource for researchers, practitioners, policy makers, and students across the social sciences.

Physical Activity and Health Adrienne E. Hardman,David J. Stensel,2009 This book explains the relationships between physical activity, health and disease, and examines the benefits of exercise in the prevention and treatment of various important conditions. This book offers an examination of the evidence linking levels of physical activity with disease and mortality.

Essential Concepts for Healthy Living Update Sandra Alters,Wendy Schiff,2011-01-28 Essential Concepts for Healthy Living, Fifth Edition Update provides students with a clear and concise introduction to the latest scientific and medical research in personal health. With its unique focus on critical thinking and analysis of health-related behaviors and attitudes, this text enhances students' understanding of their own health needs and presents the scientific background necessary for students to think critically about the reliability of health-related information they encounter in the media. The Fifth Edition Update provides the most current data on a comprehensive array of health and wellness topics and issues. It includes the latest information on: Health Care Costs; Binge Drinking; Alternative Medical Therapies; Mental Illness and Depression; Sexually Transmitted Diseases; Eating Disorders; Physical Activity and Health; Cervical and Prostate Cancer; Drug Use and Abuse, and much more.

Wall & Melzack's Textbook of Pain Stephen McMahon, FMedSci, FSB,Martin Koltzenburg, MD, FRCP,Irene Tracey,Dennis C. Turk, PhD,2013-06-21 2014 BMA Medical Book Awards Highly Commended in Anaesthesia category! Apply the latest scientific and clinical advances with Wall & Melzack's Textbook of Pain, 6th Edition. Drs. Stephen McMahon, Martin Koltzenburg, Irene Tracey, and Dennis C. Turk, along with more than 125 other leading authorities, present all of the latest knowledge about the genetics, neurophysiology, psychology, and assessment of every type of pain syndrome. They also provide practical guidance on the full range of today's pharmacologic, interventional, electrostimulative, physiotherapeutic, and psychological management options. Benefit from the international, multidisciplinary knowledge and experience of a who's who of international authorities in pain medicine, neurology, neurosurgery, neuroscience, psychiatry, psychology, physical medicine and rehabilitation, palliative medicine, and other relevant fields. Access the complete contents online anytime, anywhere at www.expertconsult.com. Translate scientific findings into clinical practice with updates on the genetics of pain, new pharmacologic and treatment information, and much more. Easily visualize important scientific concepts with a high-quality illustration program, now in full color throughout. Choose the safest and most effective management methods with expanded coverage of anesthetic techniques. Stay abreast of the latest global developments regarding opioid induced hyperalgesia, addiction and substance abuse, neuromodulation and pain management, identification of specific targets for molecular pain, and other hot topics.

THE PERSONAL POWER PROGRAM Darcy Holmer,2023-12-20 Do you yearn for more in your life but feel like you're settling for less? Discover the transformative power of feeling good in your inner self, body, and finances with Darcy Holmer's The Personal Power Program: A Woman's Step-by-Step Guide to Thriving in Self, Body & Money. Just as Stephen Covey's The 7 Habits of Highly Effective People provided readers with guiding principles for greater personal effectiveness, The Personal Power Program gives women guiding steps toward greater personal empowerment and fulfillment. In a world where power is typically measured by external influence, Holmer emphasizes the true essence of power: the ability to shape your own life. This power to choose your path and take action to achieve your goals comes from the synergy of well-being in three key areas: Self, Body & Money. Together, they create a powerful force that can transform you and your life. Self: Have clarity of what you want, enjoy greater inner peace (even when life around you is not so peaceful), navigate self-doubt and other not-enoughness feelings, and align what you do with what you want to achieve your goals. Body: Experience the amazing transformation in how you feel and live when you love exercising because of how it makes you feel and enjoy a peaceful, pleasurable relationship with food (free from diet dramas, no willpower or deprivation required). Money: Identify the financial goals that support your life goals, build your financial well-being, and enjoy the freedom and empowerment of feeling financially secure and having the resources to achieve the fulfilling life experiences you want for yourself and your loved ones. Drawing from her own journey and professional insights, Holmer gives you a practical guide that shows you step by step how to build your Personal Power to create what you want to feel and see in your life. The Personal Power Program is more than just a book; it's a call to action for every woman who isn't willing to settle for less and is ready to take action to start realizing her more.

The Social Change Model Kristan C. Skendall,Daniel T. Ostick,Susan R. Komives,Wendy Wagner,2017-01-25 A comprehensive guide to using the Social Change Model in all types of curricular and co-curricular settings This book is designed to provide leadership educators with a wealth of classroom and workshop activities, discussion and reflection questions, assignment suggestions, and additional resources such as video clips and supplementary readings. It also includes several case studies for students to consider the implications of applying all eight elements of the Social Change Model in a variety of contexts. The Social Change Model of Leadership Development—upon which the book is based—was designed by well-known leadership educators and received wide acclaim and use. The validity of this model has been established through a number of research studies including the Multi-Institutional Study of Leadership. Written by leading experts and developers of the Social Change Model who often present and consult on the topic Helps curricular and co-curricular leadership educators teach the Social Change Model through individual and group activities, reflection questions, and discussion questions. Walks course or workshop facilitators through the entire process of teaching the content and facilitating and debriefing activities If you're a leadership educator of high school, undergraduate, or graduate school students, The Social Change Model: Facilitating Leadership Development is indispensable reading. Please note that The Social Change Model: Facilitating Leadership Development is intended to be used as a Facilitator's Guide to Leadership for a Better World, 2nd Edition (978-1-119-20759-7) in seminars, workshops, and college classrooms. You'll find that, while each book can be used on its own, the content in both is also designed for use together. A link to the home page of Leadership for a Better World can be found below under Related Titles.

Creating a Lifestyle Medicine Center Jeffrey I. Mechanick,Robert F. Kushner,2020-09-04 Building on the groundbreaking work Lifestyle Medicine (2016), this unique new book bridges the gap between theory and practice by providing detailed information on the real-world development and creation of a Lifestyle Medicine Center, whether independently or as part of an established medical program or department. Part one sets the stage by establishing the rationale for creating a Lifestyle Medicine Center as well as the medical and economic burden it seeks to alleviate. The construction of the physical facility and all of the myriad details of the program and its key players are covered in part two, from the structural to the aesthetic, including informatics, developing patient resources and education tools, current technologies and applications, the role of the dietitian and exercise physiologist, inpatient consultation, the importance of community engagement, and more. Part three is comprised of case studies of existing, successful Lifestyle Medicine Centers across the country, with detailed descriptions of their history, development, programs and challenges. Chapters are supported with plentiful figures, tables and useful links. The burden of chronic disease in the U.S. and globally is growing, with pervasive direct and indirect multi-scale adverse effects on health and well-being, economics, and quality of life. Notwithstanding the remarkable progress in biomedical technology, the role of lifestyle

medicine in managing chronic disease in a preventive care model is paramount; however, the relevant and effective education in lifestyle medicine is lacking. Translating the theory into action steps, instantiated by case studies with critical interpretations and problem-solving tools, Creating a Lifestyle Medicine Center is the go-to resource for family and primary care physicians, internal medicine physicians, and all clinical specialties interested in planning and developing a lifestyle medicine program.

Laboratory Assessment and Exercise Prescription Jeffrey M. Janot, Nicholas M. Beltz, 2022-05-23 Laboratory Assessment and Exercise Prescription With HKPropel Online Video provides the practical knowledge and application skills for administering, interpreting, and applying data from health and fitness testing to create data-backed exercise prescription for clients. Focusing on the tests most widely used by professionals working in health, fitness, and allied health, the text covers both clinical and field tests so readers will be able to conduct assessments using a wide range of equipment and resources. Because the content is consistent with ACSM's Guidelines for Exercise Testing and Prescription, Eleventh Edition, both current and aspiring professionals can be assured they're using the most up-to-date methods and information available to best serve individual client needs and goals. Each lab demonstrates applications for the screenings and tests presented, with straightforward instructions for performing the assessment and collecting accurate data—both in the lab and when working with actual clients. Readers will learn about common errors made in assessments and will find out how to interpret results to assist clients in setting realistic health and fitness goals. Finally, readers will understand how the results of assessment will affect exercise program design and will learn how to combine data and client goals to design and prescribe an individualized exercise program. The book begins by taking the reader through the groundwork of working with clients and giving the reader experience with preparticipation screenings and basic fitness assessments. Next, assessment of body composition is addressed, along with assessment of resting metabolic rate, metabolic equations, and the application of those calculations within an exercise program. Aerobic and muscular fitness assessments are presented, followed by assessment of clinical variables, including pulmonary function testing, basic electrocardiography, and functional fitness testing. Two appendices cover common classes of medications (and how these medications may affect the exercise response) and basic emergency procedures for exercise physiology labs. Eleven case studies are also included, providing practical experience with interpreting data and designing an exercise program for a client. Related online video, delivered through HKPropel, demonstrates select assessments to improve comprehension of how to apply the content and develop skills for use with clients. Laboratory Assessment and Exercise Prescription is the essential guide for those studying for a fitness certification as well as for current health and fitness professionals who want a handy reference for testing. It offers the direction and understanding needed to accurately conduct exercise testing; analyze, interpret, and communicate data; and ultimately prescribe effective and safe exercise programs for clients. Note: A code for accessing online videos is included with this ebook.

Nutrition in Promoting the Public's Health Mildred Kaufman, 2007 Continuing advances in the science of nutrition and the study of infectious disease require that nutritionists be skilled in the behavioral sciences and social marketing in order to impact the preventable etiologies of obesity and chronic diseases. Add to that a new understanding of the social and environmental effects on health and illness that will further require nutritionists to expand their expertise and assume new roles in the generation of public policy affecting all areas of society. This important new book covers all aspects of developing and delivering nutrition related services in the community. Grounded in the science of nutrition, it offers simple, practical guidance and tools for nutritionists—whether working in clinical or public health venues—to develop and implement effective public nutrition programs. Each chapter begins with reader objectives and ends with Points to Ponder and a listing of helpful websites.

Routledge Handbook of Sport in China Fan Hong, Liu Li, 2023-06-30 This is the first book to offer a comprehensive overview of the history and development of sport from the ancient to the contemporary era in China. It addresses the gap between the vibrant academic scholarship within China and the limited understanding of Chinese sport outside of the country. It opens different perspectives on Chinese sport and addresses a wide range of issues central to the development of sport in the context of Chinese culture, politics, economy, and society. It explores a diverse set of topics including the history of Chinese traditional sport, the rise of modern sport and the Olympic movement, sport and nationhood, sport and politics and international relations, sport and physical education, sport and economy and commerce, sport and social stratification and diversity, and sport leisure and tourism. It offers critical insights into the multifaceted world of China, past and present—a contribution to our collective knowledge and understanding of Chinese sport and society—and is useful reading for students, researchers, and professionals with an interest in the field of China and Chinese sport. This Handbook has been contributed to by a team consisting of 88 leading Chinese and Asian experts and scholars with varied backgrounds of studying and working in European, North American, and Australian universities, as well as Western scholars with expertise on China and its sports system and practice. It is composed of ten parts classified by different subjects. It provides a wide lens through which to better contextualise the relationships between China and the world within the global sport community. The Routledge Handbook of Sport in China is a vital resource for students and scholars studying the history, politics, sociology, culture and policy of sport in China, as well as sport management, sport history, sport sociology, and sport policy and politics. It is also valuable reading for those who are working in international sport policy making and sport organisations.

Pharmacy Practice in an Aging Society Jeannette Wick, 2006-10-18 Learn how to talk—and listen—to your elderly clients Pharmacy Practice in an Aging Society examines the aspects of aging that transcend physical and biological changes, addressing practical concerns such as communication, understanding values, and end-of-life issues. This unique book provides pharmacists with the basics on how to enhance their service to the elderly and offers additional suggestions for improving the empathy and understanding they have for their patients. The book explores general health and pharmacy concerns of the elderly, including abuse, neglect, sexuality, stress, and addictions, and presents methods of helping seniors stay healthy through exercise and with appropriate interventions. 34 figures, tables, and exhibits make complex information easy to access and understand. Fewer than five percent of persons over 65 end up in a nursing home, and many stay only long enough to recover or rehabilitate before returning home. The other 95 percent need our attention and our care. Pharmacy Practice in an Aging Society helps pharmacists develop the special tools they need to deal with the elderly, identifying the most challenging areas, and providing effective frameworks for addressing them. The book also includes sidebars that summarize important ideas, including: “Communication”—choosing the right words when delivering difficult or even unwelcome information to patients “Ethics on the Spot”—anticipating difficult questions and determining if information is appropriate to pass along to a patient “Statistics at a Glance”—comparative statistics presented in a way that makes a point “Cutting Edge”—current research findings and what they mean to your patients “Too Late Now”—when changing a patient’s behavior or adding a medication is unlikely to help “Then and Now”—compares past treatment and approaches with current ones and much more! Pharmacy Practice in an Aging Society is an essential resource for community and hospital pharmacists, educators, and anyone else with an interest in health.

Behavioural Change Colette Browning, Shane A. Thomas, 2006-01-04 Behavioural Change provides a comprehensive overview of what is known about our ability to change behaviour of people across a wide range of domains including smoking, physical activity and exercise, eating and nutrition, sexual behaviour, drugs and alcohol use, sleep, crash and injury prevention, depression, gambling and self-management of chronic illness. It not only reviews the evidence concerning these issues but also provides original insights into how effective and sustainable intervention programs may be designed and delivered to address them. The main emphasis of the book is on linking research knowledge, i.e. the evidence base, and its translation into effective and sustainable programs. State of the art reviews are presented in an accessible but authoritative manner. The emphasis upon transfer to programs is very useful for practitioners and students. For all topics, the following questions are posed: What is the scope of the problem within the international communities? What approaches are typically used to prevent or treat it? What is the evidence as to the most effective approaches to prevention and treatment? What is the performance of these approaches in terms of prevention/diversion and full or partial recovery for the short and long term?

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