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Dr. Joseph Mercola

Special Needs Education Kim Fong Poon-McBrayer, Ming-Gon John Lian, 2002 This book provides teachers and other relevant personnel with fundamental information to enhance their professional competence. Issues addressed include exceptionally and special needs education, special needs education in Hong Kong, gifted and talented learners. There are two special units of high and low incidence disabilities, and the last two chapters provide additional information regarding parents and families of special needs children, and use of technology in special needs education.

The Martyrs of Columbine J. Watson,2003-05-02 On April 20, 1999, Eric Harris and Dylan Klebold killed twelve fellow students and one teacher at Columbine High School in Littleton, Colorado. Two of the victims of the Columbine massacre, Cassie Bernall and Rachel Scott, reportedly were asked by the gunmen if they believed in God. Both supposedly answered 'Yes' and were killed. Within days of their death, Cassie and Rachel were being hailed as modern-day martyrs and are seen by many American evangelicals as the sparks of a religious revival among teenagers. Cassie and Rachel, as innocents martyred for faith, also became useful symbols for those seeking to advance a conservative political agenda and to lay the blame for Columbine at the feet of their liberal opponents. According to police investigators, however, Cassie and Rachel may never have been asked by their killers about God. They may have been simply victims of a senseless crime rather than martyrs to a cause. The Martyrs of Columbine provides a careful examination of the available evidence and attempts to discover what really occurred. Despite these questions the martyr-stories continued to be told and the religious and political use of Cassie and Rachel continues. The popular significance of the martyrs of Columbine persists, and may even be growing. How and why is this happening? The Martyrs of Columbine is a groundbreaking investigation of what this tragedy has come and will come to mean in American religion, politics, and culture.

<u>United States Government and Related Topics</u>,

Tracing Your Family History on the Internet Chris Paton,2014-01-09 Updated edition: A genealogist's practical guide to researching family history online while avoiding inaccurate, incomplete, or misleading information. The internet has revolutionized family history research—every day new records and resources are placed online and new methods of sharing research and communicating become available. Never before has it been so easy to research family history and to gain a better understanding of who we are and where we came from. But, as British genealogist Chris Paton demonstrates in this second edition of his straightforward, practical guide, while the internet is an enormous asset, it is also something to be wary of. For this edition, Paton has checked and updated all the links and other sources, added new ones, written a new introduction, and substantially expanded the social networking section. As always, researchers need to take a cautious approach to the information they acquire on the web. Where did the original material come from? Has it been accurately reproduced? Why was it put online? What has been left out and what is still to come? As he leads researchers through the multitude of resources that are now accessible online with an emphasis on UK and Ireland sites, Chris Paton helps to answer these questions. He shows what the internet can and cannot do—and he warns against the various traps researchers can fall into along the way.

Sheffield,

City of Sheffield (Part 1 of 3),

<u>Black and Not Baptist</u> Donald R. Barbera,2003 Known only to each other, they walk among us, invisible and undetected. Now, the secret is out! Atheists exist in the African American community. In the African American community there is an unspoken rule to never air dirty laundry in public, and for years the inner workings of the black community stayed hidden beneath a veil of dark silence, but with integration came a mingling of the races and now few secrets remain. Now, there is one there is one less. Not only do black nonbelievers exist, they walk unnoticed among the true-believers along with a host of other religious skeptics and freethinkers. Any hint of atheism or freethought in the African American community remain virtually invisible, camouflaged by indignant denial and indistinct expressions, which help conceal clear atheistic, agnostic or freethought connections . Despite more than 90% of African Americans claiming Christianity, Black and Not Baptist explores how there is a significant chasm between belief and behavior with a searing look at the statistics for adultery, alcohol abuse, drug abuse, gambling and other social problems in both the white and black communities. In the manner of Norm Allen's African American Humanism: An Anthology, Black and Not Baptist exposes another side of the black religious experience with the individual stories of black atheists and agnostics, including a historical and current listing of black freethinkers and nonbelievers similar to Warren Allen Smith's Who's Who in Hell.

Garden Cities Sarah Rutherford,2014-02-10 Garden Cities: the phrase is redolent of Arts and Crafts values and nineteenthcentury utopianism. But despite being the culmination of a range of influential movements, and having global influence themselves, in fact there were only ever two true, self-contained Garden Cities in England far more numerous were Garden Suburbs and Villages. Crystallised in England by social visionary Ebenezer Howard and executed in many cases by planners and architects Barry Parker and Raymond Unwin, the concept arose from nineteenth-century industrial settlements like Port Sunlight (and, earlier, Saltaire and Akroyden), and also from the City Beautiful movement in the US. The settlements were designed to promote healthy and comfortable individual and community life, as well as supporting commerce and industry, and were and are instantly and attractively recognisable. This book is a beautifully illustrated guide to the movement as a whole, from its earliest influences through practical difficulties in implementation to the continuing vitality of the communities which are its legacy.

Alfred Hitchcock's London: A Reference Guide to Locations Gary Giblin, Good evening, ladies and gentlemen. Tonight you are going to visit one of the world's most famous cities. Here you will see historic palaces, elegant hotels, and magnificent restaurants. If you're lucky, you may even see a corpse floating down the Thames. For tonight we shall visit: ALFRED HITCHCOCK'S LONDON Now you can follow in the footsteps of the most famous film director of all time, from the corridors of Scotland Yard and the stalls of the Royal Albert Hall to the top of Tower Bridge and the dome of St Paul's Cathedral. There was a hardly a corner of London that Hitchcock didn't visit and they're all here--over 200 of them--from the site of his birth in 1899 to the cathedral where he was memorialized in 1980. African American History Day by Day Karen Juanita Carrillo, 2012-08-22 The proof of any group's importance to history is in the detail, a fact made plain by this informative book's day-by-day documentation of the impact of African Americans on life in the United States. One of the easiest ways to grasp any aspect of history is to look at it as a continuum. African American History Day by Day: A Reference Guide to Events provides just such an opportunity. Organized in the form of a calendar, this book allows readers to see the dates of famous births, deaths, and events that have affected the lives of African Americans and, by extension, of America as a whole. Each day features an entry with information about an important event that occurred on that date. Background on the highlighted event is provided, along with a link to at least one primary source document and references to books and websites that can provide more information. While there are other calendars of African American history, this one is set apart by its level of academic detail. It is not only a calendar, but also an easy-to-use reference and learning tool. Violence against Women in Families and Relationships Eve S. Buzawa, Evan Stark, 2009-06-08 This comprehensive overview of domestic violence against women and children in America covers the services meant to combat it, the legal approaches to prosecuting it, the public's attitudes toward it, and the successes and failures of systems meant to address it. The fight to end domestic violence consists of community-based services for battered women, laws and policies to combat the problem, a broad spectrum of frequentlyinnovative programs to protect or otherwise support abused women and children, a dramatic shift in media portravals of violence

against women, and a growing public critique of unacceptable forms of power and control in relationships. These volumes offer another weapon in that battle. Violence against Women in Families and Relationships takes stock of all of the ways in which legislation, programs and services, and even public attitudes have impacted victims, offenders, and communities over the last few decades. Contributors pay special attention to how race, class, and cultural differences affect the experience of abuse. They explore the efficacy of interventions, and they provide compelling real-life examples to illustrate issues and challenges. Our society has made an enormous investment in stopping abuse in families and relationships, but numerous questions still remain. Many of those questions are answered in these pages, as experts uncover the realities of domestic violence and the toll it takes on families, individuals, communities, and society at large.

In War and Peace Guy Stever, 2002-11-07 Science came into Guy Stever's life as a pure and peaceful pursuit. It was only later, as he walked through the wreckage of wartime London that he began to see science as central to a desperate struggle to survive. Past president of Carnegie Mellon University, former Chief Scientist of the U.S. Air Force, one-time Director of the National Science Foundation, professor at MIT for 20 years, member of the National Academies of Sciences and Engineering, and science advisor to two presidents…Guy Stever was a central figure in twentieth century scienceâ€consistently on the front lines, changing the fate of a nation. In this thoughtful and candid memoir, Stever recounts an extraordinary life that reveals as much about the man as about the major scientific and technological events of his day. Born of humble origins and orphaned at an early age, Stever journeyed from a small town in New York to work alongside British comrades who were developing and refining the critical radar technology that was to turn the tide of the war against the Germans. As a technical intelligence officer, these harrowing wartime years took him from the beachheads of Normandy to the German slave-labor factories responsible for building the V-2 rockets. Stever returned home committed to serving his country. He became intimately involved in America's nascent guided missile programâ€and was to remain a key player in the anti-ballistic missile defense program that heralded the era of the Cold War. As the decades passed, Stever continued to exert lasting influence on countless scientific endeavors. He was instrumental in the formation of new institutions, from the creation of NASA in the post-Sputnik years to the merging of Carnegie Tech and the Mellon Institution, giving birth to Carnegie Mellon University. As Presidential Science Advisor to both Nixon and Ford, Stever shaped the very structure of contemporary presidential science advising. And he was to chair the oversight committee that redesigned the space shuttle boosters after the Challenger explosion. Guy Stever's life offers remarkable insight into the twentieth century. Through his eyes, we relive the history of the past 50 years, witnesses to a tale of science and technology that is revealing in its scope and sweep.

Canine Behavior Barbara Handelman,2012-12-12 **The ebook version of this book is FULL color throughout!** <u>A Dog World</u> <u>Top 12 Training and Behavior Book - 2010!</u>

Dogs have deliberate, subtle, and often humorous ways of expressing themselves. Canine Behavior - A Photo Illustrated Handbook includes 1,000 images of dogs, wolves, coyotes, and foxes. It was created for everyone interested in dogs—pet owners, trainers, veterinarians, ethologists, and behaviorists. Using the interdisciplinary language of photography, Barbara Handelman illustrates and explains canine behavior and communication. Her book establishes a common understanding and vocabulary for people interested in, and working with, dogs.

Canine Behavior is structured in many user-friendly ways, including alphabetical organization of the terminology, cross referencing, and, both a detailed table of contents, and an index. Those interested in both wild and domestic dog behavior will spend hours, if not years, studying and learning from this book.

What reviewers are saying...

MY PET WORLD

"There aren't many books out there with 1,000 photos of dogs (and also wolves) expressing themselves. You'll see signs of mild stress, which range from a paw lift to lip licking to blinking. A yawn may simply mean a dog is tired, or indicate stress. Stretching can also be a sign of stress. Dogs are constantly communicating non-verbally. This book is a must for anyone truly interested in translating what canines are saying." **Steve Dale**

MIDWEST BOOK REVIEW

"Dog and canine lovers are in for a treat if they pick up Canine Behavior: A Photo Illustrated Handbook. Featuring one thousand photos covering everything from common dogs to wolves, foxes, and coyotes, Canine Behavior is complete and comprehensive in its coverage of canine species. Alongside the black and white photography are examinations of canine behavior with tips for dog owners peppered throughout. Canine Behavior: A Photo Illustrated Handbook is a must have for any dog person and for community library pets/wildlife collections." **James A. Cox**

The History of Music Production Richard James Burgess, 2014-06-25 In The History of Music Production, Richard James Burgess draws on his experience as a producer, musician, and author. Beginning in 1860 with the first known recording of an acoustic sound and moving forward chronologically, Burgess charts the highs and lows of the industry throughout the decades and concludes with a discussion on the present state of music production. Throughout, he tells the story of the music producer as both artist and professional, including biographical sketches of key figures in the history of the industry, including Fred Gaisberg, Phil Spector, and Dr. Dre. Burgess argues that while technology has defined the nature of music production, the drive toward greater control over the process, end result, and overall artistry come from producers. The result is a deeply knowledgeable book that sketches a critical path in the evolution of the field, and analyzes the impact that recording and disseminative technologies have had on music production. A key and handy reference book for students and scholars alike, it stands as an ideal companion to Burgess's noted, multi-edition book The Art of Music Production. Effortless Healing Dr. Joseph Mercola, 2015-02-24 Let your body do the work... Do you have to tell your leg to heal from a scrape? Your lungs to take in air? Your body that it's hungry? No. Your body does these things automatically, effortlessly. Vibrant health is your birthright and within your grasp; you just have to step out of the way. In Effortless Healing, online health pioneer, natural medicine advocate, and bestselling author Dr. Joseph Mercola reveals the nine simple secrets to a healthier, thinner you. The results are amazing and the steps can be as easy to implement as: • Throwing ice cubes in your water to make it more "structured" • Skipping breakfast, as it could be making you fat • Eating up to 75 percent of your calories each day in fat for optimal health, reduction of heart disease, and cancer prevention • Avoiding certain meat and fish, but enjoying butter • Eating sauerkraut (and other fermented foods) to improve your immune system and your mood • Walking barefoot outside to decrease system-wide inflammation (and because it just feels great) • Enjoying a laugh: it's as good for your blood vessels as fifteen minutes of exercise Effortless Healing is the distillation of decades of Dr. Mercola's experience and cutting-edge medical knowledge. With his wisdom and that of your body, you can optimize your health, your weight, and your life...effortlessly.

Stalingrad Thomas Broderick, 2015-06-02 It is the summer of 1942. With the setbacks of the previous winter behind them, a

reinvigorated German army is poised along a front stretching 2,100 kilometers, ready to strike the final blow to the Soviet Union. A refitted and up-armored panzer strike force with newer, more powerful 75-mm main guns and new leadership awaits along the Ukraine for the opening phase of Operation Blau (Blue). Although not as numerous as the forces that stormed their way into Russia one year before, these experienced troops are determined as ever to put an end to a conflict that has gone on too long. Even the youngest of privates understands that if the war in the east is to be won, it must be concluded with this campaign. Hitler's overambitious goal was to sweep the Soviet army off the steppes along the giant bend in the River Don straight through to the River Volga, cutting off Stalin's main oil supply artery to his northern forces. Just as he did the previous year, Hitler suddenly alters his attack plans as Operation Blau unfolds. He strips much of the needed tank and motorized forces from the Sixth Army and diverts them down into the Caucasus region to seize the critical oil production facilities in places such as Maikop, Grozny, and Baku. With the defeat of Russia almost a certainty, combined with his most recent successes in North Africa, Hitler assured himself the swift collapse of the Allied armies and capitulation of the West was not long in coming. At long last, final victory was within his grasp.

The Small-Scale Poultry Flock Harvey Ussery, 2011-10-07 The most comprehensive guide to date on raising all-natural poultry for the small-scale farmer, homesteader, and professional grower. The Small-Scale Poultry Flock offers a practical and integrative model for working with chickens and other domestic fowl, based entirely on natural systems. Readers will find information on growing (and sourcing) feed on a small scale, brooding (and breeding) at home, and using poultry as insect and weed managers in the garden and orchard. Ussery's model presents an entirely sustainable system that can be adapted and utilized in a variety of scales, and will prove invaluable for beginner homesteaders, growers looking to incorporate poultry into their farm, or poultry farmers seeking to close their loop. Ussery offers extensive information on: The definition of an integrated poultry flock (imitation of natural systems, integrating patterns, and closing the circle) Everything you need to know about your basic chicken (including distinctive points about anatomy and behavior that are critical to management)Extended information on poultry health and holistic health care, with a focus on prevention Planning your flock (flock size, choosing breeds, fowl useful for egg vs. meat production, sourcing stock) How to breed and brood the flock (including breeding for genetic conservation), including the most complete guide to working with broody hens available anywhere Making and mixing your own feed (with tips on equipment, storage, basic ingredients, technique, grinding and mixing) Providing more of the flock's feed from sources grown or self-foraged on the homestead or farm, including production of live protein feeds using earthworms and soldier grubs Using poultry to increase soil fertility, control crop damaging insects, and to make compost-including systems for pasturing and for tillage of cover crops and weeds Recipes for great egg and poultry dishes (including Ussery's famous chicken stock!) And one of the best step-by-step poultry butchering guides available, complete with extensive illustrative photos. No other book on raising poultry takes an entirely whole-systems approach, or discusses producing homegrown feed and breeding in such detail. This is a truly invaluable guide that will lead farmers and homesteaders into a new world of selfreliance and enjoyment.

Surveillance in the Time of Insecurity Torin Monahan,2010 Threats of terrorism, natural disaster, identity theft, job loss, illegal immigration, and even biblical apocalypse--all are perils that trigger alarm in people today. Although there may be a factual basis for many of these fears, they do not simply represent objective conditions. Feelings of insecurity are instilled by politicians and the media, and sustained by urban fortification, technological surveillance, and economic vulnerability. Surveillance in the Time of Insecurity fuses advanced theoretical accounts of state power and neoliberalism with original research from the social settings in which insecurity dynamics play out in the new century. Torin Monahan explores the counterterrorism-themed show 24, Rapture fiction, traffic control centers, security conferences, public housing, and gated communities, and examines how each manifests complex relationships of inequality, insecurity, and surveillance. Alleviating insecurity requires that we confront its mythic dimensions, the politics inherent in new configurations of security provision, and the structural obstacles to achieving equality in societies.

Composing Ambiguity: The Early Music of Morton Feldman Alistair Noble,2016-05-23 American composer Morton Feldman is increasingly seen to have been one of the key figures in late-twentieth-century music, with his work exerting a powerful influence into the twenty-first century. At the same time, much about his music remains enigmatic, largely due to long-standing myths about supposedly intuitive or aleatoric working practices. In Composing Ambiguity, Alistair Noble reveals key aspects of Feldman's musical language as it developed during a crucial period in the early 1950s. Drawing models from primary sources, including Feldman's musical sketches, he shows that Feldman worked deliberately within a two-dimensional frame, allowing a focus upon the fundamental materials of sounding pitch in time. Beyond this, Feldman's work is revealed to be essentially concerned with the 12-tone chromatic field, and with the delineation of complexes of simple proportions in 'crystalline' forms. Through close reading of several important works from the early 1950s, Noble shows that there is a remarkable consistency of compositional method, despite the varied experimental notations used by Feldman at this time. Not only are there direct relations to be found between staff-notated works and grid scores, but much of the language developed by Feldman in this period was still in use even in his late works of the 1980s.

Courage and Valor, Above and Beyond Edwin C. Tingstrom,2013-05-02 Ed Tingstrom is passionate for history which has led to considerable study of U.S. history with emphases on military history. However he has detected inconsistencies in the recording of historical events which led mim to ask questions. He would research and ferret out the answers by utilizing the National Archives, Library of Congress and other institutions to provide the answers he sought. History has always been and will always be my passion. My quest is to share this passion with the younger generations in hopes of igniting a similar spark in them. History lives in all of us; all we have to do is seek the truth and remember. Mr. Tingstrom is a life member of the Veterans of Foreign Wars (VFW) and the Disabled American Veterans (DAV). He enjoys giving lectures in history and military service at local high schools and colleges, as well as serving as a docent at the VFW museum, which houses a collection of vintage poster art and war memorabilia dating back to the turn of the twenth century. This is his first book This book is dedicated to my wife Deirdre Whose constant encouragement and love provided me with the strength and conviction to continue. To Professor Ransford Hopkins, Professor of History, Moorpark College, California, who lit the spark, which turned into a roaring fire to write this book, and to seek out history were ever it is found and share it with others.

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